



LUNCH EATS

ask your server about our daily feature!



12-min express lunch 11am - 2pm » Monday - Friday

NO MODIFICATIONS – BASED ON ENTIRE TABLE ORDER

SPINACH & KALE CAESAR 14
Classic house-made dressing, bacon, croissant croutons, parmesan cheese, white balsamic drizzle
Add protein from our protein list

P SIGNATURE SALAD 16
Mustard greens, maple roasted squash, pecans, sour cream emulsion, smoked goat cheese, black garlic powder
Add protein from the sides listed below

Blue Crab SIGNATURE CRAB CAKES* 🌱 20
Victoria's famous Blue Crab Seafood House recipe
Served with Caesar or garden salad

STANLEY PARK CHICKEN BURGER 18
Grilled or crispy chicken, spicy mustard aioli, smoked cheddar, house bacon, vine tomatoes
*Served with garden salad or fries.
Substitute for yam fries or Caesar salad + \$2*

GREEN CURRY CLAMS AND MUSSELS 🌱 17
Green Thai curry, yogurt, lime, cilantro, and served with toasted ciabatta

PRETZEL FLATBREAD* 🌱 17
Smoked wild salmon, Spanish onions, capers, lemon-scented cream cheese, fresh dill, pretzel flatbread

VEGAN BURGER* 15
Soy based patty, cashew mayo, spinach, tomato, soy portabella.
*Served with fries or garden salad
Substitute for yam fries or Caesar salad + \$2*

SALMON STICKY RICE BOWL 🌱 17
Lemongrass salmon, sticky rice, avocado, spinach, pickled cucumbers, radish

CHRIS' KOREAN POUTINE* 15
House cut fries, spicy gochujang gravy, deep fried cheese curds, bulgogi beef, kimchi mayo, green onion

ULTIMATE BLT 16
Maple pork belly, mayo, thick cut roasted tomatoes, lettuce, local sourdough bread
*Served with fries or garden salad
Substitute for yam fries or Caesar salad + \$2*

Prestons Favs...

Blue Crab CLAM CHOWDER 🌱 12
Victoria's famous Blue Crab Seafood House recipe.
Manilla clams, potatoes, leeks, double-smoked bacon, cream

MONTREAL SMOKED MEAT 16
Smoked brisket, yellow mustard, pickled onions, locally made burnt sugar rye
*Served with fries or garden salad
Substitute for yam fries or Caesar salad + \$2*

P STEAK SANDWICH 22
5 oz Tenderloin, oyster mushrooms, crispy sour onions served on a baguette with blue cheese aioli, sherry reduction
*Served with fries or garden salad
Substitute for yam fries or Caesar salad + \$2*

PRAWN AND STEAK PAD THAI 🌱 20
Rice noodles, Pad Thai sauce, beef tenderloin, prawns, eggs, bell peppers, pickled carrots, green onions, crushed peanuts

P PRL BURGER* 18
Ground chuck, greens, heirloom tomato, crispy sour onions, secret sauce, raw cheddar, house bacon
*Served with fries or garden salad
Substitute for yam fries or Caesar salad + \$2*

Add a side...

- CHICKEN** (6oz) 8
- PRAWNS** (5pc) 🌱 10
- TENDERLOIN STEAK** (5oz) 20
- SALMON** (6oz) 🌱 10
- SEARED SCALLOPS** (4pc) 🌱 10
- BRUSSELS SPROUTS** 8
- SAUTÉED MUSHROOMS** 4
- SIDE FRIES** 4
- YAM FRIES WITH SAMBAL AIOLI** 6
- SIDE COLESLAW** 3



Hold the gluten!
Ask your server for gluten-free options
* These items cannot be altered

12 min. delivery guaranteed

OCEAN WISE. A SUSTAINABLE CHOICE

Prestons Picks

Blue Crab Fave