



LUNCH EATS

(11am-3pm)

20 minutes or less Monday to Friday (11:30 to 2:00 pm)

No modifications, some restrictions apply

Strawberry & Blackberry Salad \$13

Tuscan greens & julienned kale, avocado smash, toasted almonds, feta & Coast shogun vinaigrette.

Chicken & Chorizo Flatbread \$18

Crumbled chorizo sausage, pulled chicken, banana peppers & 3 cheese blend. Drizzled with balsamic glaze.

Pulled Chicken Clubhouse Sandwich \$17

House bacon, avocado crema, brie, pickled onion, lettuce, tomato, chipotle aioli. Served on locally baked sourdough. Your choice of fries, tater tots, soup or Prestons salad.

Short Rib Beef Dip \$18

Braised Alberta beef, provolone, pickled onions & horseradish aioli. Served on a pretzel bun with au jus. Your choice of fries, tater tots, soup or Prestons salad.

Sweet Chili Fish & Chips \$18

2 pieces of Thai chili sauce marinated cod, breaded and fried. Served with seasoned fries and grilled lemon.

Vegetable Pesto Linguini \$16

Creamy pesto sauce, mushrooms, peppers, broccoli & tomatoes, garnished with grana padano & ciabatta baguette.

Salads & Soup

Soup of the Moment \$7

Chef's daily creation.

Prestons Salad \$11

Dried cranberry, crumbled goat cheese, candied pecan, balsamic vinaigrette, tuscan greens.

Crunchy Kale Caesar \$13

Julienned napa cabbage & kale, bacon bits, grana padano, house made dressing, ciabatta baguette.

Taco Salad \$14

Fried tortilla, tuscan greens, cheese, roasted corn pico de gallo, pickled onion, jalapeño & chili ranch, avocado crema.

Pulled Chicken Buddha Bowl \$16

Red lentil tabbouleh, corn pico de gallo, toasted chickpea, avocado crema and shogun dressing.

Add crumbled chorizo \$4, pulled chicken \$4, marinated & seared tofu \$4, pulled short rib \$5, garlic prawns \$6.

Flat Bread

Spicy Butter Chicken Flatbread \$17

On naan flatbread with 3 cheese blend & cilantro.

Pear & Brie Flatbread \$16

Pear, apple and honey compote, melted brie, candied pecans, tuscan greens & balsamic drizzle.

Casual

Sweet Chili Cod Burger \$16

Thai chili sauce marinated cod breaded and fried. Served with tartar, pickled onion & lettuce, on a locally baked onion bun.

Beef Burger \$17

Alberta prime rib patty, house bacon, smoked cheddar, lettuce, pickled onion, grainy mustard, red pepper jam on a locally baked onion bun.

Crispy Chicken Sandwich \$17

Jalapeño jam, smoked cheddar, pickled onion lettuce on a locally baked onion bun.

Chipotle - Maple Tacos \$16

Roasted corn pico de gallo, slaw, avocado crema. Your choice of pulled chicken, pulled short rib, crumbled chorizo, garlic prawns or marinated & seared tofu.

Avocado Toast \$15

Ciabatta baguette, spiced avocado smash, pickled onion, roasted chickpea, balsamic drizzle.

BCLT \$15

House bacon, lettuce, tomato, smoked cheddar & chipotle aioli, served on locally baked sourdough.

Your choice of fries, tater tots, soup or Prestons salad.

Steak Frites \$21

Chimichurri marinated 7oz Alberta flank steak. Served with seasoned fries.

Poutine \$9

Golden fries & Canadian curds smothered in beef gravy. Add crumbled chorizo \$3, pulled chicken \$4, pulled short rib \$5, sub butter chicken & sauce \$5.

Wings \$15

Choice of buffalo red hot, BBQ, honey garlic or salt & pepper, served with crudite & peppercorn ranch dip.

15% gratuity will be added to groups of 8 or more.

Not all ingredients are listed in the menu description. Please inform your server of any allergies or dietary restrictions.

Gluten free options available upon request.